



Keystone Challenge Canoe & Kayak Race and Relay

Sunday, July 13th, 2014

amy.rankinen@gmail.com

<http://lhnationals.com>

The longest canoe/kayak race in Pennsylvania!

Race hosted by the Tiadaghton Elm Canoe & Kayak Classic.

All participants must Pre-Register by mail, postmarked no later than 7/9/14

The Keystone Challenge Features a 40 mile marathon, a 15 mile marathon and a 15 mile relay. All events qualify for PACK point series championship year-end awards. Preregistration required. See registration form for details.

Race Check In: Participants in both marathon and relay classes must pick up race packet at Bald Eagle State Park (Beach) between 6:30 a.m. and 7:00 a.m. A mandatory race meeting will be held at 7:15 a.m.

40 Mile Start: Bald Eagle State Park, Howard, PA (Beach). **Classes:** C1 Pro, C2 Pro, K1 Pro, Open Touring*

***OPEN TOURING:** Non-competitive participant category for canoes and kayaks. This category is for those in racing shape but do not want to compete with the pros. Finishers will receive recognition at the awards ceremony. You are in it to finish. Times will be kept. This group of paddlers must make cut-off times to finish each day.

Pro Classes receive cash prizes. Cutoff times listed below*:

Location	Start/Cutoff Time	Miles
Bald Eagle State Park (Beach), Howard	7:30 a.m. Start	
Mill Hall Boat Access	10:00 a.m.	10 (One Portage)
Castanea / Lock Haven Boat Access	11:00 a.m.	5 (One Portage)
Wayne Township (McElhattan) Boat Access	12:30 a.m.	8
Finish line located at Jersey Shore Boat Access (Rt. 44 Green Bridge)	2:00 p.m.	7

15 Mile Relay Start: Castanea/Lock Haven Boat access on Bald Eagle Creek. **Classes:** K1, C1, C2 and C4. Cutoff times listed below*:

Location	Time	Miles
Castanea/Lock Haven Boat Access	9:00 a.m. Start	
Wayne Township (McElhattan) Boat Access	11:00 p.m.	8
Finish line located at Jersey Shore Boat Access (Rt. 44 Green Bridge)	2:00 p.m.	7

*Participants not completing the relay leg by the cut off times indicated will be disqualified from the competition and should leave the water.

Sponsors



Tiadaghton Embroidery

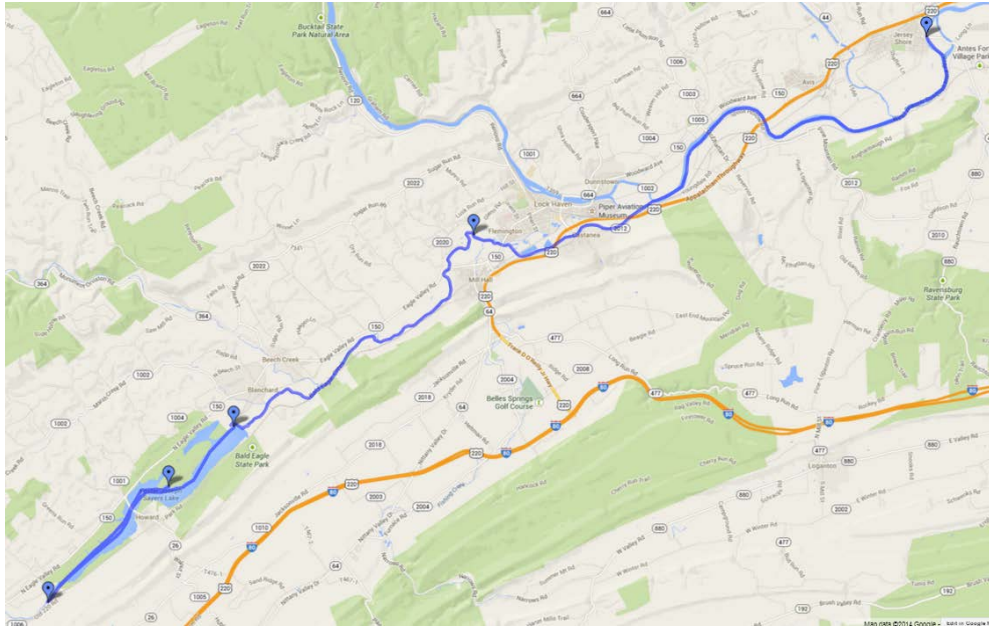
Pennsylvania Bureau of State Parks



Keystone Challenge 40 Mile Marathon Course, [Google Map](#)

Directions to 40 Mile Start and Race Packet Pick Up: From the easterly direction, Take US-220 S, Take exit 109 and left onto PA-150 S. After 11 miles, turn left onto Main Park Rd and follow signs to beach. From the westerly direction, Take I-80 E, Take exit 158 and left onto PA 150 N. After 8.7 miles, turn right onto Main Park Rd and follow signs to beach. **GPS Location:** 41.027521,-77.649562 [Google Map Link](#)

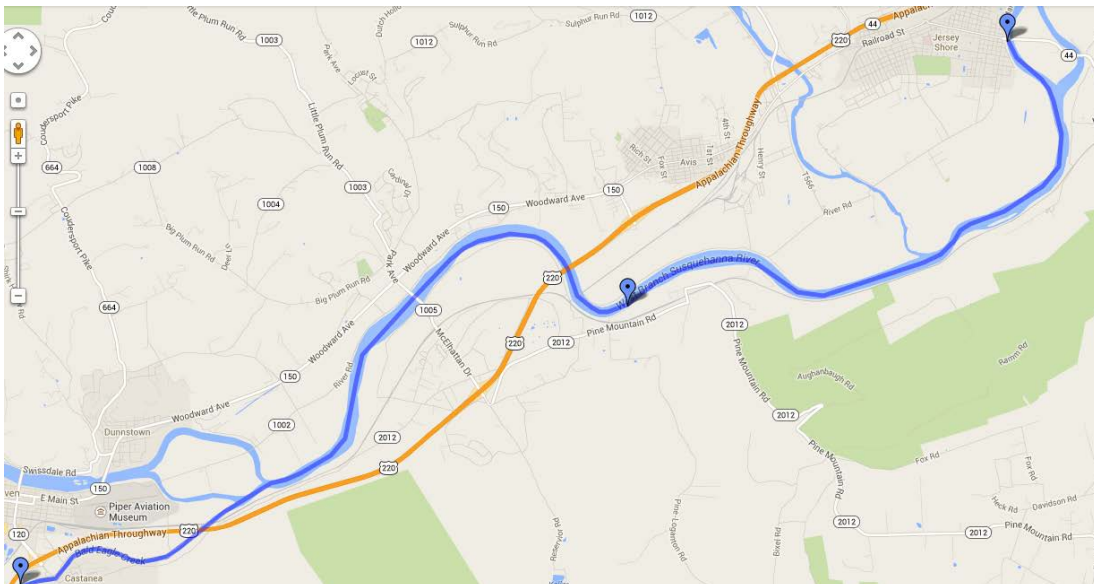
Directions to Finish: Follow PA-150 N to Mill Hall. Turn onto US-220 N and take Main Street Exit at Jersey Shore. Finish is located behind Jersey Shore State Bank at the Rt 44 green bridge at the intersection of Main and Allegheny streets. **GPS Location:** 41.202457,-77.252112 [Google Map Link](#)



Keystone Challenge 15 Mile Relay Course and 15 Mile Marathon Course, [Google Map](#)

Directions to 15 Mile Relay Start (Race Packet Pick Up at 40 Mile Start Location): From the easterly direction, Take US-220 S. and take exit 111 for PA-120W/Lock Haven. Turn left onto Paul Mack Blvd. Take the first right. Follow road to boat launch. From the westerly direction, take I-80 E and take exit 178 for US-220 N. After 7.2 miles, take the exit toward PA-120 W/Lock Haven. Turn right onto Paul Mack Blvd. Take the first right. Follow road to boat launch. **GPS Location:** 41.123867,-77.441983 [Google Map Link](#)

Directions to Finish (New finish - Jersey Shore): Follow US-220 N and take Main Street Exit at Jersey Shore. Finish is located behind Jersey Shore State Bank at the Rt 44 green bridge at the intersection of Main and Allegheny streets. **GPS Location:** 41.202457,-77.252112 [Google Map Link](#)



Keystone Challenge Registration Form

Entry Fees Per Paddler: \$30. **All participants must Pre-Register by mail, postmarked no later than 7/9/14.** Registration includes tee shirt to the first 50 registered participants and post-race meal provided by Haywood's on the Water.

Start: 40 Mile Marathon and Race Packet Pick Up: Bald Eagle State Park, Howard, PA. **GPS Location:** 41.027521,-77.649562. See map for more detailed directions.

Start: 15 Mile Relay and 15 Mile Marathon Race (Race Packet Pick Up at 40 Mile Start Location): Castanea Boat Launch, Castanea, PA. **GPS Location:** 41.123867,-77.441983. See map for more detailed directions.

Finish: Finish line located at Jersey Shore Boat Access (Rt. 44 Green Bridge). **GPS Location:** 41.202457,-77.252112. See map for more detailed directions.

<p>Pro Classes (40 miles), Start Time 7:30 a.m.</p> <p><input type="checkbox"/> C2 Pro (Circle One) (Mens) (Womens) (Mixed)</p> <p><input type="checkbox"/> C1 Pro (Circle One) (Mens) (Womens)</p> <p><input type="checkbox"/> K1 Pro (Circle One) (Mens) (Womens)</p> <p>Open Touring (40 miles), Start Time 7:30 a.m.</p> <p>Relay Classes (15 miles), Start Time 9:00 a.m.</p> <p><input type="checkbox"/> C4 Relay (Circle One) (Mens) (Womens) (Mixed*) – Up to 12 participants</p> <p><input type="checkbox"/> C2 Relay (Circle One) (Mens) (Womens) (Mixed*) – Up to 6 participants</p> <p><input type="checkbox"/> C1 Relay (Circle One) (Mens) (Womens) – Up to 3 participants</p> <p><input type="checkbox"/> K1 Relay (Circle One) (Mens) (Womens) – Up to 3 participants</p>	<p>Amateur Classes (15 miles), Start Time 9:00 a.m.</p> <p><input type="checkbox"/> C4 Amateur* (Circle One) (Mens) (Womens) (Mixed)</p> <p><input type="checkbox"/> C2 Amateur (Circle One) (Mens) (Womens) (Mixed)</p> <p><input type="checkbox"/> C1 Amateur (Circle One) (Mens) (Womens)</p> <p><input type="checkbox"/> K1 Amateur (Circle One) (Mens) (Womens)</p> <p><input type="checkbox"/> K2 Amateur (Circle One) (Mens) (Womens) (Mixed)</p> <p><i>*At least one woman per relay team qualifies as mixed.</i></p>
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40 Mile Marathon Registration, Registration Fee (\$30 each paddler): Identify class above	
Paddler #1, Age _____ Sex: M F	Paddler #2, Age _____ Sex: M F
Name: _____ Shirt Size: M L XL XXL	Name: _____ Shirt Size: M L XL XXL
Address: _____	Address: _____
City/State/Zip: _____	City/State/Zip: _____
Phone: _____ email: _____	Phone: _____ email: _____

15 Mile Relay and 15 Mile Marathon Registration, Registration Fee (\$30 each paddler):	
<p>Team Name: _____ Identify Appropriate Class <input type="checkbox"/> C4 Relay (Mens) (Womens) (Mixed), <input type="checkbox"/> C2 Relay (Mens) (Womens) (Mixed), <input type="checkbox"/> C1 Relay (Mens) (Womens), <input type="checkbox"/> K1 Relay (Mens) (Womens)</p>	
<p>Team Captain Name: _____ Age _____ Sex: M F Shirt Size: M L XL XXL</p> <p>Address: _____ City/State/Zip: _____</p> <p>Phone: _____ email: _____</p>	

We have read the waiver and all rules that pertain to our race and agree to abide by them. Entrants under 18 years of age must have parents' signature

Team Member Names	City	State	M	F	Entrant Signature (if under 18, Parent/Guardian Signature Required)*	Shirt Size
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						

**Each participant must also sign a USCA waiver provided below.*

Make checks payable to Tiadaghton Elm Classic and mail to Amy Rankinen, 130 Middle Rd, Jersey Shore, PA 17740. For more information contact Amy Rankinen at (570) 660-5085, email: amy.rankinen@gmail.com

United States Canoe Association

Competition ★ Cruising ★ Conservation ★ Camping ★ Camaraderie ★

AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY READ BEFORE SIGNING

Name of Event: Keystone Challenge Race and Relay Date(s) of Event: July 13, 2014

In consideration of being allowed to participate in any way in the UNITED STATES CANOE ASSOCIATION athletic sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death; and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,

I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others and assume full responsibility for my participation; and,

I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such hazard to the attention of the nearest official immediately; and,

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the UNITED STATES CANOE ASSOCIATION and

(name of club, affiliate or sponsor), their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I also acknowledge that photographs and video may be taken of me in my participation in and attendance at this event, and hereby freely agree to allow without restriction all uses of such photos and videos in the reporting of this race, and/or in the promotion of this event, its location, other sporting events, sport in general, and/or related purposes.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ DATE SIGNED: _____
(Participant's Signature)

X _____
(Participant's name and address Please print)
FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION) This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law. I further agree to the photographic and video release set forth above.

X _____
(Parent/Guardian Signature) Date Signed (Emergency phone number)