

9th Annual Keystone Challenge

Canoe, Kayak & SUP Race

October 3, 2020

5 Mile Races, 2 Mile SUP and 2 Mile Youth Race

Recreational Classes & Competition Classes

Lock Haven, PA

Web Site: <http://lhnationals.com>

Race-Day Registration - 9:30 a.m. at the start/finish of race. Race starts and finishes at the Lock Haven Boat Access on the Susquehanna River. Map course link: <https://goo.gl/jKrVEB> Race distances – 5 miles & 2 miles. Awards to follow. PACK meeting at Restless Oaks Restaurant (McElhattan, PA) starting at 1:30 p.m.

<p>Youth Classes (2 miles), Start Time 11:00 a.m. (Youth under age 18)</p> <ul style="list-style-type: none"> <input type="checkbox"/> K1 Kayak Open Youth <input type="checkbox"/> C1 Canoe Open Youth <input type="checkbox"/> C2 Canoe Open Youth <input type="checkbox"/> SUP Stand Up Paddleboard Open Youth <p>Adult Classes (5 miles), Start Time 11:00 a.m.</p> <p style="text-align: center;">Kayak Classes</p> <ul style="list-style-type: none"> <input type="checkbox"/> K1 Recreation Kayak* (Mens) (Womens) <input type="checkbox"/> K1 Sea Kayak/Touring (Mens) (Womens) <input type="checkbox"/> K1 Down River (Mens) (Womens) <input type="checkbox"/> K1 Racing (Mens) (Womens) <input type="checkbox"/> K2 Kayak (Mens) (Womens) (Mixed) <p><i>*Note: K1 recreation kayaks not to exceed 14 feet in length.</i></p> <p style="text-align: center;">Awards at 1:30 p.m. at Restless Oaks Restaurant along with PACK meeting.</p>	<p style="text-align: center;">Canoe Classes</p> <ul style="list-style-type: none"> <input type="checkbox"/> C2 Recreation/Standard Canoe Open <input type="checkbox"/> C2 Canoe 4x32 or Pro 3x27 Open <input type="checkbox"/> C1 Open (Mens) (Womens) <input type="checkbox"/> C4 Open Canoe <input type="checkbox"/> C2 Collegiate Challenge Open (Mens) (Womens) <p>Standup Up Paddling (SUP) (11:00 a.m. start) – 2 Miles</p> <ul style="list-style-type: none"> <input type="checkbox"/> SUP Open (Mens) (Womens) <p style="text-align: center;"><u>Keystone Challenge Marathon</u></p> <p>Double Dip! These events count for the Keystone Challenge Marathon. Times combined from the Lock Haven race and Bald Eagle State Park race. <i>No extra fee.</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Canoe Class <input type="checkbox"/> Kayak Class <p>Day 1 (10/3/20) (5 miles Lock Haven) Day 2 (10/4/2020) (5 miles Bald Eagle State Park plus 2 mile course) PACK State Championship Fall Foliage on next day at Bald Eagle State Park, 10/4/2020. 5 mile course + 2 mile course = 7 miles total Total Miles = 12 in two days</p>
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Registration Fees (each paddler)

Amateur Race Fee - \$20, Youth Race Fee \$10					
Paddler #1, Class		Age	Sex: M F		Paddler #2, Class
Name: _____					Name: _____
Address: _____					Address: _____
City/State/Zip: _____					City/State/Zip: _____
Phone: _____ email: _____					Phone: _____ email: _____
Paddler #3, Class		Age	Sex: M F		Paddler #4, Class
Name: _____					Name: _____
Address: _____					Address: _____
City/State/Zip: _____					City/State/Zip: _____
Phone: _____ email: _____					Phone: _____ email: _____

Make checks payable to Tiadaghton Elm Classic and mail to Amy Rankinen, 130 Middle Rd, Jersey Shore, PA 17740. For more information contact Amy Rankinen at (570) 660-5085, email: amy.rankinen@gmail.com