

Fall Foliage Canoe, Kayak & SUP Race

October 7, 2023

**2 Mile Loop (Youth and SUP), 7 Mile Loop
Recreational Classes & Competition Classes
Start Time: 10 a.m. (2-Mile and 7-Mile Races)**

Held on the scenic Bald Eagle Creek

Web Site: <http://lhnationals.com>

Start/Finish/Registration Location: Bald Eagle Boat Ramp in Mill Hall, PA. Click [here](#) for race map for 2 and 7-mile courses.

Details:

- Water Conditions: Bald Eagle creek is a narrow body of water fed by the Foster Sayers Dam in Howard, PA along with smaller tributaries. Below the finish line, a small downstream dam maintains adequate water levels.
- Start/Finish/Registration located at the Bald Eagle Boat Ramp in Mill Hall, PA. GPS Location: 41.1120099,-77.5017535 or <https://tinyurl.com/fw9457mw>
- 7 Mile Loop and 2 Mile Loop races start at 10 a.m. Registration at 9 a.m.
- Awards will be presented at the finish.

7 Mile, SUP and Youth Classes (2 miles), Start time 10 a.m.

Youth Classes (2 miles) (Youth under age 18)

- K1 Kayak Open Youth
- C1 Canoe Open Youth
- C2 Canoe Open Youth
- SUP Stand Up Paddleboard Open Youth

SUP Classes (2 miles) (Adult 18 and over)

- SUP Stand Up Paddleboard (Mens) (Women)

Adult Classes (7 miles), Start Time 10:00 a.m.

- K1 Recreation Kayak* (Mens) (Womens)
- K1 Sea Kayak/Touring (Mens) (Womens)
- K1 Down River (Mens) (Womens)
- K1 Racing (Mens) (Womens)
- K2 Kayak (Mens) (Womens) (Mixed) (Adult/Youth)

- C2 Recreation/Standard Canoe Open (Mens) (Womens) (Mixed) (Adult/Youth)
- C2 Canoe 4x32 or Pro 3x27 Open (Mens) (Womens) (Mixed) (Adult/Youth)
- C1 Open (Mens) (Womens)
- C4 Open Canoe
- C2 Collegiate Open (Mens) (Womens) (Mixed) (Adult/Youth)
- War Canoe Open

- 2- Mile Open Touring
- 7- Mile Open Touring
(Non-competitive, for recognition and time only)

**Note: K1 recreation kayaks not to exceed 14 feet in length*

Registration Fees (each paddler)

Race Fee - \$20 Adult, \$10 Youth			
Paddler #1, Class	Age	Sex: M F	Paddler #2, Class
Name: _____			Name: _____
Address: _____			Address: _____
City/State/Zip: _____			City/State/Zip: _____
Phone: _____ email: _____			Phone: _____ email: _____
Paddler #3, Class	Age	Sex: M F	Paddler #4, Class
Name: _____			Name: _____
Address: _____			Address: _____
City/State/Zip: _____			City/State/Zip: _____
Phone: _____ email: _____			Phone: _____ email: _____

Make checks payable to Tiadaghton Elm Classic and mail to Amy Rankinen, 130 Middle Rd, Jersey Shore, PA 17740. For more information contact Amy Rankinen at (570) 660-5085, email: amy.rankinen@gmail.com Amount enclosed \$ _____